

Directions: (Before Version A)

Thank you for participating in this study. I am now going to play you some music that many people have indicated that they find soothing and relaxing. Embedded in the music are some messages presented below traditional hearing thresholds, that is, presented “subliminally”. I am asking you to sit quietly and listen to the music. There are a number of movements in the selection. In all, it lasts approximately 15 minutes. Afterwards, I will ask you some questions about what you heard, and what you think you might have heard.

Directions: (Before Version B)

Thank you for participating in this study. I am now going to play you some music that many people have indicated that they find soothing and relaxing. Embedded in the music are 10 words presented 40 times each, but below traditional hearing thresholds, that is, the words are presented “subliminally.” I am asking you to sit quietly and listen to the music. There are a number of movements in the selection. In all, it lasts approximately 15 minutes. Afterwards, I will ask you some try to identify the words you “heard” from a list of words.

Directions (Following CD):

Now I am going to present you with a list of words and I want you to circle any word from the list that you think you might have heard presented with the music. Following that, I want you to answer a couple of additional questions using the rating scales provided.